

The **TRANSPORTER** Quarterly



October 2017

Shipyard Launches the M/V Jesse D. Pasentine

By: Nancy Combe

Chip Stiebing, *Shipyard Manager*, stated "FMT reached yet another big milestone on August 24, 2017. Launching our first new boat is a big accomplishment for our shipyard. It was amazing to see everyone involved pull together making our first launch a success."

The designer of the 120' Hull vessel, Jeff Brumfield, Sr., *Manager Boat Construction & Engineering*, brings over 38 years of experience to the team. Florida Marine is the only company in the industry with this type of vessel. FMT made some improvements to the proved design of the boats already in our fleet and decided that it was time to start building these vessels at our own shipyard. "In-house building is much better as we have made many strides in the

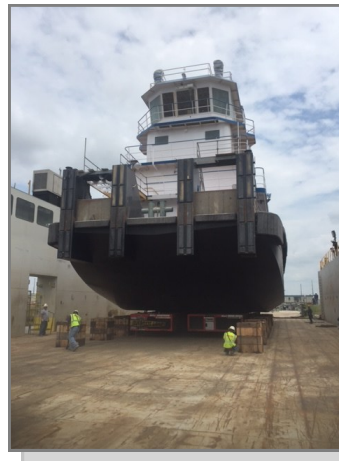
process, including quality control and expenditure of the build out. We will keep improving in our capability, quality and efficiency," said Jeff.



The FMT 120' Hull 101 named the M/V Jesse D. Pasentine (see pictured) had a successful launch on August 24, 2017 according to the *Project Manager* at the Shipyard, John Carnley. John rounds out the crew with his 46 years of experience in the industry.

Now that the launch is completed the next step will be the System Start-up, beginning with the piping systems and then the electrical systems. The engine start-up is scheduled for early October with the delivery date late October 2017.

We look forward to this milestone accomplishment with confidence.



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TRANSPORTER

St. Jude Toy Drive

By: Cindy Hull



"Janelle"

THIS YEAR WE ARE SUPPORTING ST. JUDE CHILDREN'S RESEARCH HOSPITAL BY HAVING A CHRISTMAS TOY DRIVE.

Fall is amongst us and that means the holiday season is right around the corner. This year we are supporting St. Jude Children's Research Hospital by having a Christmas Toy Drive. Your thoughtful donations will be distributed to children in the hospital during the Christmas season. St. Jude's creates an environment where "Families are free to focus on their child. Families never receive a bill from St. Jude for treatment, travel, housing or food" — St. Jude's website.

When kids are in the hospital it can be such a stressful time for families, and a little gift can go a long way if it brings a smile to their child's face.

Please keep donations (gifts) in the original packaging. Stuffed animals don't have to be in a box, but must not be pre-owned.



If you are interested in helping this worthy organization further visit their website @ giftshop.stjude.org and buy "Janelle" a plush giraffe or choose from a number of other items for a great gift (100% of the profit, after all related expenses benefit St. Jude Children's Hospital). Some of my favorites are the crayons, coloring books, molding clay and beads. You can check off your gift list while helping these precious children.

You can start bringing gifts to Ty Dolese at the main office and we'll gather them until **December 8th** for delivery by Christmas. Thank you for considering this great cause.



Donation Ideas



Photo Credit:

Jesse Hansford

FMT Presence at GICA Seminar

By: Suzy Montalbano

Capt. Tracy Cheramie



The 112th Annual GICA (Gulf Intracoastal Canal Association) Seminar was held at the Westin New Orleans, July 26-28. Asked to represent FMT on the GIWW (Gulf Intracoastal Waterway) panel was Port Captain Tracy Cheramie. Tracy spoke on the panel

with representatives from four other towboat companies. Topics of discussion included safe navigation of the ICWW on the Texas Gulf Coast and the locking system of Colorado Locks and Brazos Floodgates replacement.

GICA supports the safe and efficient operations for all of their members and is actively involved in resolving issues, allowing the maritime industry to provide a superior transportation service.

Learning Continues with Ongoing Training



In the continued pursuit of excellence the FMT Compliance department is currently focusing on crewmember First Aid/CPR/AED training. All crewmembers are required to complete refresher training and re-certify every two years to familiarize themselves with basic first aid and lifesaving skills. Trainees experience hands on training and skills practice during an 8 hour instructor led class. The course teaches students critical skills needed to respond to, and manage, an emergency until

By: Jenny Trahan

medical services can arrive. Skills covered in this course include first aid for choking and sudden cardiac arrests. Knowing these basic skills can make a difference in saving someone's life. Please contact the FMT Training Center for more information on signing up for an upcoming First Aid/CPR/AED Training class.



U.S. Coast Guard Recognizes the M/V Marty Cullinan

FMT and the crew of the M/V Marty Cullinan were recently recognized by the U.S. Coast Guard for their response in aiding the crew of the M/V Mary Parker. During a crew transfer, February 28, 2017, on the Lower Mississippi River, the M/V Mary Parker's skiff capsized due to a wake of a passing tow, sending five crewmembers into the river. On the ready, the crew of

the M/V Marty Cullinan witnessed the neighboring vessel crew was in distress and immediately launched their skiff, safely rescuing the five crewmembers. Out of harm's way, they were transported back to their vessel.

The quick thinking and actions of the FMT crew contributed to saving the lives of five individuals and prove that FMT continues to exemplify true

maritime spirit and comradery.



Randy Trosclair and M/V Marty Cullinan Crew



Do you Know???

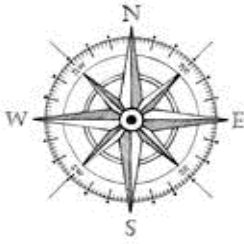
1. What is the longest bridge in the U.S. over a body of water?
2. What is the longest river in the U.S.?
3. What does it mean when a vessel sounds 5 short blasts on its whistle?
4. Which Motor Vessel in the current FMT fleet is the

oldest?

5. What does athwart mean?



1. The Lake Pontchartrain Causeway built in 1956.
2. The Missouri River is 2,341 miles, followed by the Mississippi River.
3. It's a DANGER signal.
4. M/V Jason Belcher was built in 1956.
5. Across a ship from side to side.



TRANSPORTER

Pursuing Excellence

By: Chad Hidalgo

We had a recent event that resulted in a dock hose falling between the dock and a barge. The barge began to move unexpectedly after receiving some propeller wash from a vessel maneuvering astern the M/V. Shortly thereafter, the tankerman noticed the dock hose was hanging below the deck of the barge in between the barge and the dock. This result stemmed from a combination of the dock man improperly

tending the dock hose and the tankerman failing to use his Stop Work Obligation.

Lessons Learned from the event:

1. Never connect a dock hose if there is activity on the dock.
2. If the dock facility does not permit the use of wires, the mooring lines should be shackled to the

winch wires and tightened using the winches.

3. If the dock man is using one sling on the dock hose, recommend that 2 slings be used for improved control over the dock hose while tending.
4. An FMT employee should always take the inside barge.
5. Hazards exist everywhere from work to personal lives, please keep hazard recognition and safety a primary

concern in your day to day lives.

6. Remember our last minute risk assessment "Safe Check" and let's operate in the safest manner possible.



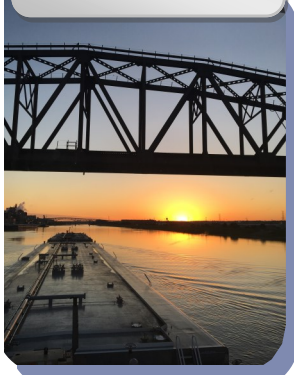
Photo Credit:
Landon York

Near Miss

By: Jason Bruce

REMEMBER
STOP, SLOW,
GO!

Photo Credit:
Capt. Gus Nienaber



An FMT vessel was traveling E/B mile 359 ICWW, with two loads when they met with another vessel. Both parties agreed on the one whistle. The neighboring vessel slid out of Red Can Bend and came over to the FMT vessel's side of the channel. The Florida Marine wheelman asked to meet on the two instead. He refused, stating that he would get over to the red side (right). The other wheelman further stated that we were crowding the red side. Our wheelman asked him to check the ranges behind him and he realized he was deep on my side. We backed the tow down and stopped. The passing vessel cut across our bow within 100 ft.

Lessons Learned from Near Miss:

Preparation: Rule 14 Head-On-Situation, section-C states, when a vessel is in any doubt as to whether such a situation exists, assume that it does exist and act accordingly.

Communication: Constant communication should always be made between vessels during all meeting and overtaking situations.

Situational Awareness: Wheelman should be prepared for any situation that arises and be prepared to ask for assistance in a timely manner.

Prevention: The near miss could have been prevented by:

- ◆ Constant communication between vessels.

- ◆ Early identification of problem.
- ◆ Taking more time to assess the situation due to critical area.
- ◆ Discussion between Capt. and wheelman on critical areas of transit.
- ◆ Examples of critical areas would be arriving dock, departing dock maneuvering in a bend or high traffic area.
- ◆ Wheelman should not have met the other vessel in a bend.
- ◆ Using Last Minute Risk Assessment card. Remember STOP, SLOW, GO!

Shell Goal Zero Hero Awards FMT

On May 15, 2017 at Trans-Montaigne, Pensacola, FL, the M/V Tim Burns was conducting a cargo transfer. The tanker-man, Mitch McElwaney, noticed what appeared to be a pinhole seepage on the cargo crossover hose. Upon further investigation, he discovered another possible pinhole seepage. Mitch, in agreement with the vessel master, Captain Roger Miller, initiated FMT's **Stop Work Obligation**. The

barge transfers were then conducted one at a time without the use of a cargo crossover hose. The faulty crossover hose was tagged appropriately and taken out of service.

This intervention by Mitch McElwaney and Captain Roger Miller to identify an unsafe condition and take immediate action prevented an environmental effect incident. The crew displayed ultimate respect for maritime neighbors



John and Dennis J. Pasentine,
M/V Tim Burns Crew Members

during Shell chartered marine operations. The actions of Mitch and Capt. Roger were consistent with the purpose of Shell's journey to eliminate incidents from maritime operations! Shell commended Mitch McElwaney and Capt. Roger Miller of the M/V Tim Burns and Florida Marine for their outstanding safety leadership and commitment to Goal Zero!

*** NAVIC NOTICE ***

The **NAVIC 01-16 COMDTPUB P16700.4, NVIC** covers the use of electronic charts and publications in lieu of paper charts, maps and publications. **FMT will now use an electronic chart system (Rosepoint) as our primary charting system.** Paper charts should be kept aboard and shall be marked for reference material. Review ALL fleet messages covering the rollout of this procedure.



Photo Credit :
Capt. Doug Elbert



Address Changes

It is imperative that the office has the **correct address** and **phone number** of all employees.

Please contact the **payroll department** with all new addresses and/or phone numbers. They will forward it to all necessary departments.

In addition, you should contact your local post office and submit an address change to them. Thank you for your help with keeping our records current.

CONTACT
PAYROLL WITH
ALL ADDRESS
AND/OR
PHONE
NUMBER
CHANGES.

From the Top Deck

As we round the bend into the final quarter, we are pleased to acknowledge our notable safety record to date. Safety will always be an ever important annual goal at FMT.

This said, each crew member plays an integral part in maintaining a safe work environment. It is essential to get proper rest to be at your best.

By: Dennis J. and John P. Pasentine

There is room for improvement on lost time due to personal injuries. Keep in mind that, as a company, we are judged by this Key Performance Indicator. Remain steadfast and focused at all times while on board and always strive for zero accidents or injuries.

We definitely appreciate the dedication and hard work from

each of our employees.

We will continue working to ensure that our fleet remains ship shape going into the future.

Your professionalism and integrity is valued greatly. It takes the relentless pursuit of the whole team to achieve success, for that we thank each of you!!



Photo Credit:
Andrew "Noodle" Bowlan



TRANSPORTER

Healthy Holidays

By: Joy Breath

The holidays are a time to enjoy friends, family and food. Contrary to popular belief, you can have all three without putting on the extra pounds.

On average, Americans gain approximately one to two pounds during the holiday season. While this weight gain isn't dramatic, research shows it tends to stick and accumulate over the years. Luckily those pounds can be

avoided through mindful eating in moderation and a few simple strategies.

In preparation for a big holiday party do not skip meals throughout the day as this may result in overeating. It is important to have breakfast as research shows that those who eat breakfast tend to consume fewer calories throughout the day. Include lots of fiber in your diet by eating fruits, vegetables, and

whole grains. Fiber-rich foods are high in volume and will satisfy hunger but are lower in calories.

Holiday meals tend to be large, buffet-style and include second and third helpings. A common mistake is eating large portions of foods that are perceived as healthy. It's important to include nutrient-rich foods in your diet, but also remember that these foods should be eaten in

moderation. Using this approach at the holiday dinner table will allow you to maintain a healthful eating plan – one that can also include dessert.

There are many strategies to help you avoid overeating. Using a smaller plate, for instance, allows you to put less food on your plate and encourages proper portion sizes. Start by filling your plate with vegetables and salad before going to the entrees and desserts. Eating a salad before your meal

(cont.)

ON AVERAGE,
AMERICANS
GAIN
APPROXIMATELY
ONE TO TWO
POUNDS
DURING THE
HOLIDAY
SEASON.

(cont.)

can help you eat fewer calories overall. Eat slowly and savor each bite, and before you go back for seconds wait 10 minutes to see if you really are still hungry.

Finally, after dinner, get some physical activity. This is a great time to go for a walk and catch up with family members, or play catch or a game of basketball with the kids.

Fresh Green Bean Casserole

Ingredients

- ◆ Nonstick cooking spray, for greasing
- ◆ 5 cups sliced green beans
- ◆ 4 1/4 cups low-sodium chicken broth
- ◆ 1 cup panko breadcrumbs
- ◆ 1 cup grated Parmesan
- ◆ 1 tablespoon plus 2 teaspoons canola oil
- ◆ 1 1/2 cups diced onions
- ◆ 2 cups sliced Baby Bella mushrooms
- ◆ 2 tablespoons cornstarch
- ◆ 1/2 cup reduced-fat sour cream
- ◆ 1/2 teaspoon House Seasoning, recipe follows
- ◆ 1/2 teaspoon salt

House Seasoning:

- ◆ 1 cup kosher salt
- ◆ 1/4 cup garlic powder
- ◆ 1/4 cup black pepper

Directions

Preheat the oven to 350 degrees F. Spray a 1 1/2-quart baking dish with nonstick spray.

Boil the green beans in the chicken broth for about 20 minutes, and then drain, reserving 1 1/2 cups of the chicken broth.

Meanwhile, mix together the breadcrumbs, Parmesan and

2 teaspoons of the oil in a small bowl. Set aside. Heat the remaining 1 tablespoon oil in a large skillet over medium heat. Sauté the onions until translucent, 2 to 3 minutes, and then add the mushrooms and continue to cook for 3 to 4 minutes longer. Remove from the heat.

Pour the reserved 1 1/2 cups chicken broth back into the pot the green beans boiled in and bring to a boil. Add the green

beans to the skillet with the mushrooms and onions. While that is coming to a boil, combine the cornstarch and 1/4 cup water in a small bowl to make slurry. Slowly pour the slurry into the boiling broth, whisking constantly as it thickens, about 2 minutes. Pour the thickened mixture over the green beans and add the sour cream, House Seasoning and salt. Stir well.

Pour into the baking dish and sprinkle with the panko and cheese mixture. Bake until the casserole is hot, about 10 minutes, and then broil until the breadcrumb topping is slightly browned, 1 to 2 minutes.

House Seasoning:

Mix together the salt, garlic powder and pepper.

*Recipe courtesy of Bobby Deen

Anniversary between May and August? Thank you for your service!

Twenty Three Years

Thomas Callahan, Kirby Dupuis, Jerry Jones, Joseph Little, Doug Nunley

Twenty Two Years

Dale Artigue, Johnny Burkett

Twenty Years

A.B. York

Eighteen Years

Ricky Burkett, Matthew Coen, Janice Tyson

Seventeen Years

Wilson Baham, Cullen Brumfield, Billy Burkett, Stephen Mathieu, Brent Michel, Brian O'Daniels, Judy Pasentine

Sixteen Years

Scott Box, Mark Collins, Victor Dardar, Kenneth Dunn, Rhonda Lamulle, William Whitteker, Nicole York

Fifteen Years

Samuel Gay, Wilmer Jackson, Calvin Morales, Wes Sellars, James Tyner

Fourteen Years

Andre Breaux, Stephen Futrell, Gary Moore, Ralph Morton, Donald Tanner, Donald Whittlesey-Stapp

Thirteen Years

Martin Angelle, Andrew Ballah, Jeryet Bourg, Don Carlton, Louis Fallen, Mel Fallen, Cyrus Golmaryami, Joe Holloway, Polly Quebodeaux, Gavin Sanchez, Sheila Sbisca, Charles Turner

Twelve Years

Gene Brock, Robert Chiasson, Michael Greene, Abrom Johnson, Roger Miller, Joseph Mitchell

Eleven Years

Homer Barrett, Christopher Bebow, Shawn Hinderman, Linc Jackson, Hank Joiner, Bryant Phillips, William Proctor, Dewey Richerson, Daniel Smith, John Williams

Ten Years

Norman Antrainer, Harry Blackwell, William Boyd, Scott Camp, Trey Carnegie, Sterling Carney, Christopher Develle, James Duncan, Dustin Givens, Thomas Murry, Garvin O'Quinn, Cathy Orlando

Nine Years

Jared Allen, James Bethca, Juan Cabrera, Michael Carr, Daniel Champagne, Tracy Cheramie, Sean Collum, Garry Hill, Vernon Hodges, David McGilvray, James Miller, Bryan Naquin, Carrie Newsham, Henry Santos, Stephen Smith, Michael Snider, Chip Stiebing

Eight Years

Quinnton Betsill, James Davidson, Brittany Martin, Philip Mones,

Kenneth Moore, Kevin Perilloux, Raymond Seager, James Sumrall, Nhan Vu

Seven Years

Joy Breath, Eric Brumfield, Shad Davis, Charles Geis, Ray Gomez, Darin Hawkins, Anthony Lama, Russell McDonald, Jeremy Robinson, Jerry Stapleton

Six Years

Earl Bennett, Dustin Furr, Jesse Graham, Milton McNeese, James Moore, Bryan Naquin, Ronald Plaisance, Bradley Sparks, Holly Truesdell, Floyd West, Nicholas Wing

Five Years

John Clark II, John Clatto, Joey Collins, Gary Dean, Tony Economy, Seriehl Green, Stephen LeVan, Robert Smith, James Spiers, Timothy St. Andre', Joseph Vogel

Four Years

Tyler Arnold, Brandon Box, Brandi Brumfield, Blake Buras, Oscar Calix, Dennis Carlton, Adam Couey, Robert Doggett, Joel Gilmore, James Henry, Wendell Hill, Carl Howton, Daniel Hurst, Collin Lewis, Jack Miller, Garrison Moore, Timothy Moss, Kenneth Ober, Evan Petruska, Craig Power, Billy Rester, Richard Schaus, Chad Taylor, Thomas Wadington,

Three Years

John Agreggaard, Maxwell Beach, Elizabeth Geauthreaux, Zachary Clement, Andrew Corkern, Catlyn Cormier, Jason Coulter, Ashlinn Dumond, William Fiarito, Kody Hampton, Troy Hotard, II, James Jaco, Christopher Janssen, Chad Jarman, Richard Johnson, Shannon Jones, Bryan Kemp, Devionshaye Kittler, Jeremy McCullough, Caleb Morgan, Rafael Pena, Bryant Pope, Dustin Riley, Andrea Rogers, Gary Sallinger, Ethan Stein, Jeremiah Strecker, Justin Underwood, James VanMol, Jerry Willbanks

Two Years

Cody Ayo, Harold Brace, Christopher Bridges, Dillan Candies, Antonio Dauzat, Jared Davison, Deon DeBoise, Michael Diaz, Randy Dunn, John Ebbbers, Austin Ellison, Joseph Fillingim, Marie Fontenot, Francis Foster, Edwin Hall, Joshua Harris, Travis Harter, William Hensley, Jeremy Hodges, Dustin Hoffman, Kevin Hudson, Steele Hull, Omar Hyman, Sampson James, Hunter Hunter Jones, Ryan Killeen, Henry Lawrence, Richard Little, Tyler Maness, Jody Marchand, Brandon McCallum, Corey Miller, Ciera Miller, Rico Payton, Mack Robinson, Andre Sanders, Derrick Smith, Adam Stacy, Thomas Tate, Montrey Thornton, Thomas Vorholt

One Year

Kenneth Alexius, Samuel Blanco, Matthew Boren, Sheldon Cleveland, Charles Craig, Daniel Donovan, Donald Ellis, Logan Heineck, Brandon Jordan, Michael McQueen, Gino Monaco, Donald Small, Jarred Williams, Michael Yaw





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Our Mission

Transport America's resources in the safest, most environmentally sound, and efficient manner as possible.



We're on the WEB!!

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Relentless Pursuit of Excellence